November 2026: Weekly Activities

Activity	Age	Location, Day(s) & Time(s)
Badminton	18+	**NRRC:** Mon., Wed. & Thurs. 6-9pm
Ballet/Jazz	6-12	**EMNECC:** Mon. 4-5pm
Basketball *Open Gym*	14+	**NRRC:** Wed. & Fri. 3:30-5:30 **EMNECC:** Fri 3-8:30pm (Call for additional times)
Beanbag Baseball	18+	**TPPAC:** Mon. & Fri. 10:30am | Wed. 12pm
Belly Dance *Beginner & Beyond*	13+	**EMNECC:** Tue. 6:30-7:30pm
Belly Dance *Intermediate/Advanced*	13+	**EMNECC:** Thurs. 6:30-7:30pm
BINGO	18+	**TPPAC:** Call for dates and times
Bridge	18+	**NRRC:** Tue. 12pm-2:30pm
Bunco	18+	**TPPAC:** Thurs. 12pm
Ceramics	12+	**MACC:** Wed. 9:30am-12:30pm
Chair Volleyball	18+	**TPPAC:** Call for dates and times
Chair Yoga	18+	**EMNECC:** Mon. , Wed., & Fri. 10-11am **NRRC:** Thurs. 9-10am **TPPAC:** Tue. 11am-12pm
Creative Ballet	2-6	**EMNECC:** Mon. 5-6pm
Cribbage	18+	**NRRC:** Wed. 1-4pm
Fit but Not Forgotten	18+	**EMNECC:** Wed., 5:30-6:30pm | Thurs. 12-1pm Fri. 10-11am **Moana Springs:** Wed. 5:30-6:30pm
Gentle Yoga	18+	**EMNECC:** Tue. 6-7pm, Tues & Thurs 10:30-11:30am **NRRC:** Mon., Wed. & Fri. 2-3pm **Plumas Gym:** Tue. & Thurs. 1-2pm
Hand, Knee, and Foot	18+	**TPPAC:** Thurs. 9:30am
Karate: Shotokan	7-10	**EMNECC:** Tue., Thurs. & Fri. 4-5pm
Karate: Shotokan	10+	**EMNECC:** Tue., Thurs. & Fri. 4-6pm
Learn to Play Chinese Mahjong	18+	**NRRC:** Wed 12:30-3:30pm
Open Play Chinese Mahjong	18+	**NRRC:** Wed. 3:30-4:30pm
Minnesota	18+	**NRRC:** Fri. 1-4pm **TPPAC:** Call for dates and times
Movie Flix	18+	**TPPAC:** Mon. Nov. 30th 1:30pm
Pinochle	18+	**NRRC:** Fri. 1-4pm

Activity	Age	Location, Day(s) & Time(s)
Pickleball *Beginner/Drop-in*	14+	**NRRC:** Tue. & Thurs. 3:30-5:30pm
Pickleball *Open Gym*	14+	**NRRC:** Mon. 3:30-5:30pm | Tue. 11:15am--3:15pm Wed. 9:15-1:30pm | Thurs. 1:15-3:15pm Fri. 9:15-1:30pm **EMNECC:** Mon, Wed, Fri 9am-12pm **Plumas Gym:** Mon. & Wed. 9-11am Tue. & Thurs. 9am-12pm
Pickleball *Learn to Play Picklebll Strategy Clinic*	14+	**EMNECC:** Wed., Nov. 18 2-5pm (must pre-register)
Charm Dance Class	14+	**NRRC:** Mon. 10:15-11:45am
Senior Line Dancing Classes	60+	**EMNECC:** Mon. 1:30-3pm & Wed. 1:30-2:30pm
Sunday Dance	60+	**NRRC:** 1st & 3rd Sunday 2-5pm
Shanghai	18+	**TPPAC:** Tue. 12:30pm
Shuffleboard	18+	**TPPAC:** Fri. 1:15pm
Sit and Fit	18+	**EMNECC:** Tue. & Thurs. 9-10am **NRRC:** Mon. 9-10am **TPPAC:** Mon., Wed. & Fri. 9-10am
Sled Hockey	18+	**Reno Ice - 15500 Wedge Pkwy:** Fri. 4:15-5:15pm
Strong Nation	18+	**EMNECC:** Sun. 10-11am
Table Tennis	18+	**NRRC:** Wed. & Thurs. 6-9pm
Tai Chi	18+	**EMNECC:** Mon. & Wed. 8:30-9:30am **TPPAC:** Tue. 9-10am **Moana Springs:** Mon. & Wed. 10-11:30am **NRRC:** Tue. & Thurs. 10-11am **Plumas Gym:** Mon. 11:30am-12:30pm
Trauma Sensitive Yoga	18+	**EMENCC:** Tues. 11am-12pm
Volleyball League	18+	**EMNECC:** Mon., Tue., Wed., Thurs. 6:30-10pm **Plumas Gym:** Mon., Tue., Wed., Thurs. 6:30-10pm Sun. 9am-6pm
Wheelchair Basketball	18+	**EMNECC:** Sat. 10am-12pm
Wheelchair Rugby	18+	**EMNECC:** Thurs. 2-5pm
Wheelchair Skills and Drills	18+	**EMNECC:** Sat. 1-4pm
Zumba	18+	**EMNECC:** Mon. & Wed. 6-7pm **NRRC:** Thurs. 11am-12pm
Zumba Gold	18+	**TPPAC:** Wed. 10:30-11:30am

For aquatic schedules scan the QR code or visit Reno.Gov/ParksandRec

Facilities

Adaptive Cycling Center (Seasonal)
6800 Pembroke Dr.
775-333-7765

Evelyn Mount Northeast Community Center (EMNECC)
1301 Valley Rd.
775-334-2262

McKinley Arts and Culture Center (MACC)
925 Riverside Dr.
775-334-2417

Moana Springs Community Aquatics & Fitness Center
240 Moana Ln.
775-393-1070

Neil Road Recreation Center (NRRC)
3925 Neil Rd.
775-689-8484

Northwest Pool
2925 Apollo Wy.
775-334-2203

Plumas Gym
475 Monroe St.
775-334-2262

Teglia's Paradise Park Activity Center (TPPAC)
2745 Elementary Dr.
775-356-3176